



Frequently asked questions regarding coronavirus (COVID-19)

Updated on 3/20/2020, 8:00 PM
Daily updates in RED

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GENERAL QUESTIONS

- **Is Blue Shield of California covering the cost of tests and test kits for COVID-19?**

We are taking immediate steps to support Gov. Newsom's action to expand coronavirus (COVID-19) coverage to promote the health, safety and well-being of all Californians.

To remove any barriers for appropriate testing, Blue Shield of California is waiving the need for prior approval and all cost-sharing for COVID-19 testing prescribed by a physician and administered by a health care professional for all members enrolled in Blue Shield's fully insured commercial and Medi-Cal plans. Cost-sharing will also be waived for hospital, urgent care, emergency room, and office visits where the reason for the visit is to screen or test for the virus. Blue Shield also will not require prior authorization for medically necessary emergency care, consistent with our current practice.

Blue Shield of California is working closely with our self-funded plan sponsors/customers to confirm coverage levels for their members.

- **Are there any prior authorizations required for COVID-19 treatment – and if so, will they be waived?**

Blue Shield will not require prior authorization or cost-sharing for medically necessary COVID-19 testing and related screening, including a related hospital, office, emergency room, or urgent care visit, in accordance with state and federal requirements.

- **How much do tests and test kits cost?**

Blue Shield of California is waiving the need for prior approval and all cost-sharing for COVID-19 testing prescribed by a physician and administered by a health care professional for all members enrolled in Blue Shield's fully insured commercial and Medi-Cal plans. Until recently, COVID-19 testing was only available from the CDC and was free. Private labs are now beginning to provide testing when ordered by a physician.

- **Are at-home Coronavirus test kit covered by Blue Shield and will the copay be waived?**

At this time, at-home self-administered test kits for COVID-19 are not covered. Although people may choose to purchase them regardless of health coverage, the accuracy of such tests is not yet known. We advise people to contact their physician if they have symptoms or have been exposed to the virus.

- **What is Blue Shield telling members in terms of seeking treatment?**

Member communications related to coronavirus are posted on the [Broker Connection COVID-19 resource page](#). Member resources and information relevant to coronavirus are prominently displayed at [blueshieldca.com](https://www.blueshieldca.com).

- **Do benefits and coverage plan documents (such as Summary of Benefits and Coverage (SBC), Summary of Benefits (SOB), Evidence of Coverage (EOC) documents or contracts) require any amendment or update?**

We typically do not update Summary of Benefits and Coverage (SBC), Summary of Benefits (SOB), Evidence of Coverage (EOC) documents or contracts for a specific disease. However, we will evaluate impact to contracts with direction from state regulators and Blue Shield of California's mandates team.

- **Have we received any claims related to COVID-19?**

Due to federal privacy laws, we will not comment on whether any of our plan members have the virus or are receiving treatment.

- **Is COVID-19 claims activity being tracked?**

Yes, the activity is trackable. We are currently working on reports to track activity.

- **Any new algorithms or other data efforts being put in place to detect patterns or cases?**

Manifest Medex, California's health information network that Blue Shield of California participates in, is investigating to see if they can spot any trends, etc.

- **When will Blue Shield be ready to process claims with no cost-sharing for any COVID-19 related services?**

March 18th. Any claims received between February 4th and March 18th will be re-adjudicated at zero cost sharing for COVID-related services as mandated.

- **Is Blue Shield preparing its grievances and appeals divisions (for providers and enrollees) to address any appeal that may come in if a provider or patient believes the claims were NOT processed correctly per this order?**

Yes. Our Appeals and Grievance teams are included in the implementation of these new regulatory requirements.

- **If a member pays for the copay either through an office visit or Teledoc, because the provider requested payment at time of service, how will they get reimbursed?**

The member should call the number on the back of their medical card and Customer Care will work with them to get reimbursement issued.

- **If a member becomes infected while traveling abroad, would this qualify for emergency/international coverage under their Blue Shield plan?**

Under the global care provisions of their plan, Blue Shield of California members are provided emergency medical assistance when travelling out of country. This includes telephonic support, finding a provider, and assistance with subsequent claim payments. Should a member become infected with COVID19, they would qualify for emergency international coverage. The approval for any coverage is subject to their covered benefits. (i.e. repatriation is not a covered expense).

- **When a vaccine is finally made available, will that be covered in essential health benefits?**

Yes, it will be covered.

ACCESS TO CARE

Pharmacy

- **Are there any prescription medications to treat COVID-19? Is there a vaccine to prevent coronavirus disease?**

Currently, there is no specific medication to prevent or treat coronavirus although treatments and vaccines are currently being studied for safety and efficacy. Currently, treatment consists of symptom treatment and/or supportive care. Blue Shield is closely monitoring for announcements from the CDC and FDA for prescription drugs and vaccines that become available for the treatment or prevention of coronavirus to ensure access for our members.

- **How can a member practice social distancing and conveniently access their prescription medications?**

Members can practice social distancing by:

- Contacting their local retail pharmacy about delivery services
- Filling their medications at pharmacies with drive-through pick-up options
- Filling extended day supply of maintenance medications
 - Commercial members can access 90-day supplies of maintenance medications through our mail-service pharmacy, CVS Caremark. 90-day supply prescriptions are available for maintenance medications used to treat chronic conditions. Call your doctor to switch to a 90-day prescription.
 - Medicare members can also fill a prescription for a 90-day supply of maintenance medications at retail pharmacies in addition to our mail service pharmacy. Call your local pharmacy to ask about delivery or utilize the drive-thru window when picking up prescriptions, if available.
 - Medi-Cal members can also fill a prescription for up to 100-day supply of their medications at retail pharmacies and our mail service pharmacy.

For more information on how to fill extended day supply prescriptions through CVS Caremark mail-service pharmacy, visit our website at www.blueshieldca.com/pharmacy and select "Mail Service Pharmacy" under the "Pharmacy Networks" section. Members can also call CVS Caremark directly at (866) 346-7200.

- **What if a member cannot access their current supply of medication or requires an early refill of their medication?**

Blue Shield will waive early refill limits on maintenance medications. This applies to our Commercial, Medicare, and MediCal members. Blue Shield does not recommend stockpiling of medications, but early refill limits have been waived so that members can refill an extended supply of their maintenance medication according to their benefit.

- **With the interrupted supply chain between the US and China, there are general concerns about a pending shortage of prescription drugs. What is BSC doing about access to prescription drugs in the event of a shortage?**

While there is no prescription drug shortage currently, Blue Shield is closely monitoring impact to prescription drug supply. In the event of a prescription drug shortage, Blue Shield has a standard process in place to be able to take immediate steps to ensure members have access to alternative medications to treat their condition. Blue Shield's process includes monitoring drug shortage notifications from the FDA, evaluating and changing formulary coverage, if necessary, of alternative medications to treat the same condition. Affected members and their prescribers will be notified of the shortage and applicable treatment alternatives in the event of a shortage.

- **How long will these new prescription drug policies be in effect?**

Blue Shield will continue to monitor this situation and will update prescription drug policies as needed to ensure members have access to quality pharmacy benefits.

Telehealth (Teladoc)

- **Is Blue Shield of California using telehealth to increase access to care while decreasing infection risks?**

[Teladoc service](#) is available to all fully insured members as well as our Medicare and Blue Shield Promise members. ASO/self-funded clients have Teladoc as an optional buy up. Service reps and doctors are prepared to address questions around coronavirus as they would any other illness, natural disaster, etc. Telehealth is a first step for members to learn more about their condition and treatment options.

- **Will we waive copays for calls to Teladoc?**

Copays and co-insurance for any Teladoc Health visits will be waived for members enrolled in all of Blue Shield's commercial plans until May 31, including Individual & Family and employer-sponsored plans. Members enrolled in Blue Shield's Trio, Tandem and Medicare Advantage plans, plus Blue Shield of California Promise Health Plan beneficiaries, already enjoy \$0 out-of-pocket costs for Teladoc Health services.

ASO groups with Teladoc Health benefit buy-up option will also have the cost share waived, regardless if the group opts out of the coronavirus testing/screening cost sharing waiver for other services.

Teladoc cost share waiver applies to ALL visits during this time, not just those associated with COVID-19.

- **Do all members with access to Teladoc have this service listed on their member ID cards?**

All standard ID cards include the Teladoc copay and the Teladoc phone number. Customized ID cards may not have this information.

- **Since Teladoc cannot actually run the testing since it's a virtual visit , what the protocol is if the provider suspects that the member should be tested?**

While unable to conduct COVID-19 diagnostic testing services, Teladoc providers will notify the Teladoc Health leadership team of suspected cases and contact the appropriate public health departments in accordance with local reporting requirements. The public health department will take the lead to initiate diagnostic testing and guide individuals on any at-home self-monitoring, at-home supervised isolation, or quarantine requirements.

As this is an evolving situation, Teladoc Health will adjust their protocols, as appropriate, based upon evolving CDC and WHO guidance.

Please visit teladoc.com/coronavirus/ for more information.

Heal (Home visits)

- **Heal's general use of telemedicine follow-up to date**

We launched patient-booked telemedicine. As of March 23rd (given the COVID-19 outbreak), any person in every state in which we provide service – that is ALL of California, Georgia, New York, New Jersey, Washington State, Virginia and DC will be able to book telemedicine – covered by their insurance or \$19 cash.

- **Which Blue Shield of California members have access to Heal?**

Heal is available to Blue Shield of California members as a covered benefit, for certain lines of business (LOBs).

PPO:

- Fully Insured PPO plan members
- Shared Advantage plan members
- Federal Employee Program (FEP) PPO
- Medicare Advantage PPO members
- Tandem PPO: Promotional for 2020 for Tandem PPO members - the first Heal physician visit in 2020 to Tandem PPO member is free; subsequent visits subject to office visit copay.
- ASO: There is no "buy-up" necessary for ASO members. All PPO plan members have access to Heal - their copays may differ.

HMO:

- Trio HMO: Promotional for 2020 for Trio HMO members - the first Heal physician visit in 2020 to Trio HMO members is free; subsequent visits subject to office visit copay

Please note:

- Any Blue Shield HMO member who does not have the benefit can still contact Heal for a visit – they will just have to pay full cost for the visit.
- Heal will let the member know what their co-pay or full cash price is up front. It will vary according to the member's benefit plan. There are no surprises for members seeking care through Heal.

- **Which members do NOT have access to Heal?**

Heal is not available to members who are enrolled in the following Blue Shield of California plans:

- Medicare Advantage HMO members
- Any Blue Shield of California Promise members

- **How quickly can a member get a Heal visit?**

Depending on your geography, Heal may offer same-day visits (scheduled or on demand) or next day visits. Heal is offering same day/next day prescription delivery with no delivery fee; the prescription copay still applies.

- **A Heal doctor is visiting a member for other health reasons, and during the visit, they have reason to think the member may have Corona virus, what will the Heal physician do at that time?**

The Heal doctor will instruct the member to call local state health officials and provide that phone number to the member, per state protocol, to receive instructions from the local state health official for next steps.

- **Will the member's co-payment be waived for the Heal visit?**

Only for visits that end up being related to COVID-19. Here is how it will work:

- Heal doctor visits member
- During the visit, the Heal physician (while SCREENING the member) determines the member should be tested for COVID-19.
- The physician will give the patient the phone number to contact local state officials in order to find out where to go to be tested.
- Since the SCREENING that Heal did ended up as recommendation for testing related to COVID-19, the co-payment will be refunded to the patient.

NOTE: For Trio HMO and Tandem PPO members, the first Heal visit in 2020 is a free co-pay anyway. This is above and beyond that promotional offering.

- **Do Heal doctors have kits to do COVID-19 testing?**

Heal is now able to conduct COVID-19 testing for patients who – after telemedicine – are at risk for COVID 19. Heal launched telemedicine in response to the COVID-19 outbreak so patients can book and receive video calls within the Heal app from a Heal Doctor for coronavirus screening. There is now a symptoms checker in the app and website during booking that funnels those with symptoms to telemedicine.

- **What is the value, then of having a member call Heal to get treatment at this time for illnesses?**

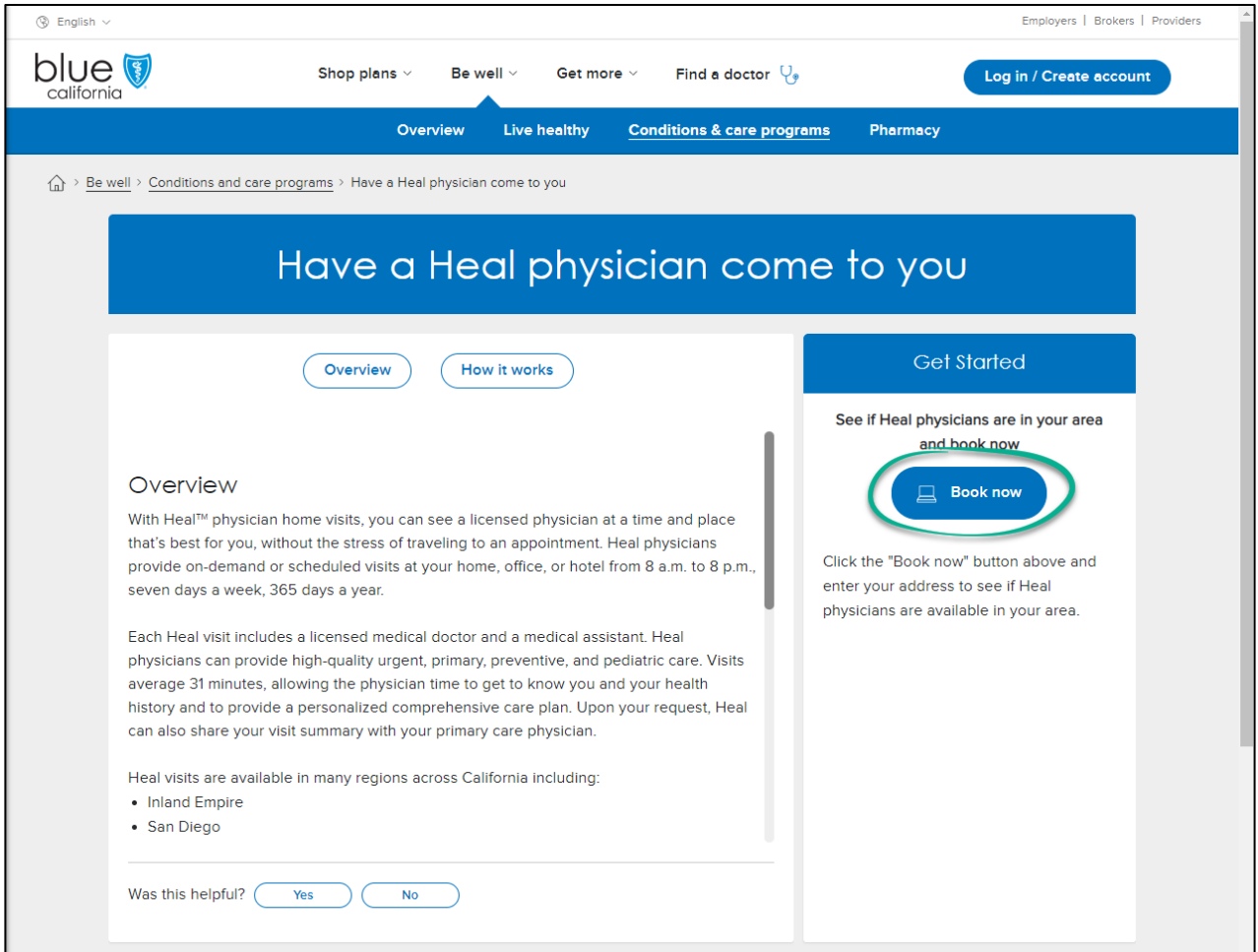
The ongoing value is that the member can stay at home and reduce chances of exposure to COVID-19 or any other illness they might experience if they go to an ER or urgent care or doctor. It offers them an in-home option for receiving care.

- **Where can a member find out if they have access to Heal in their plan benefits or not?**

Heal is not listed on member ID cards or Evidence of Coverage (EOC) documents.

To find out if you have access to Heal please call (844) 644-4325, or follow these simple steps:

1. Go to blueshieldca.com/heal, and click the “Book now” button:



2. The member will be prompted to create an account via single sign on.
3. Before a member books an appointment, the system will tell them their cost share in real time, based on their benefits and insurance information, and if they are in geographic location where a Heal physician is available.

- **What is the current cash visit price for members who don't have access to Heal as a benefit but want to schedule a Heal visit?**

It varies. It is currently \$159 in California, but in other states, it may be different. There may be other states where it is slightly higher. Members should always be directed to Heal to confirm the cash visit price. Heal offers remote house calls (telemedicine) for \$19 for cash paying users.

- **What is the charge for a remote house call (telemedicine)?**

Cost sharing is waived for remote house calls (telemedicine) for coronavirus screening for members whose plan benefits include Heal. For cash pay users, a Heal remote house call is \$19.

- **What happens on a remote house call?**

A Heal doctor speaks with you and either provides the care you need, sets-up an in-person house call, or identifies you as at risk for COVID-19.

- **What happens if a member is identified as at risk for COVID-19?**

If a patient is identified as at risk, Heal is required to contact the local health department.

Blue Shield of California members can schedule a Heal visit at blueshieldca.com/heal, or by calling (844) 644-4325.

More information is available on heal.com/coronavirus/.

SELF-FUNDED | ASO GROUPS

- **What if a self-funded client wants to opt out of this and have these services apply to member cost share?**

Self-funded clients have the option to do so. Blue Shield of California Account Managers are reaching out to these groups, informing them of the "Opt-Out" nature of our approach. Self-funded groups can use the engagement with their Blue Shield of California Account Managers to make the decision and that will be communicated to the implementation team.

- **By when do groups need to indicate their opt-out of cost share waivers? Is their decision reversible at any time? If they reverse their initial decision, can we support that?**

A response is preferred by March 18. If a group needs additional time to make a decision, between 3/18 and 4/29 we can remove groups from the "opt-out of cost-sharing" within one week of receiving their request. After April 29th, it will take about two weeks to "opt-out".

If a group sends notification to opt-out after 3/18, claims meeting the defined criteria for zero cost sharing and dated 2/4 to 3/17 can be identified and re-adjudicated (remediated).

- **What is the expected cost for screening and testing for coronavirus?**

The average test cost is estimated to be under \$60 based on announced payment policy for Medicare. There will also be an average cost of \$98 for a physician visit for our members cared for by fee for service providers.

Should a member be hospitalized for COVID 19, we estimate the average cost to be about \$60K.

HIGH-DEDUCTIBLE HEALTH PLANS

- **What about co-pays, cost-shares for high deductible plans? Are they waived for members? As these tests may not be considered preventative care under IRS guidance – how is this being managed?**

Recent **IRS guidance** clarified that Blue Shield and other health insurers can provide coverage associated with COVID-19 screening and testing for HDHPs with no cost-sharing. Blue Shield will waive all cost sharing for COVID-19 testing prescribed by a physician and administered by a health care professional. At-home test kits are not covered at this time.

MEDICARE

- **Is Blue Shield of California is waiving coronavirus testing cost shares for GMAPD plans?**

Blue Shield of California and Blue Shield of California Promise Medicare plans already have a \$0 copay for lab services; there is no need to waive the cost of COVID-19 testing as it already applies zero member cost share.